

# MARGARET PARK SCHOOL

SEVEN OAKS SCHOOL DIVISION

385 Cork Avenue | Winnipeg, MB | R2V 1R6 204.338.9384 (p) | 204.334.6876 (f)

Principal: Mr. Ross Meacham Vice Principal: Mrs. Jillian Green



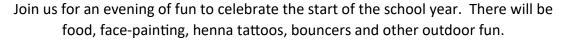
# Welcome Back Margaret Park

Welcome to all the new families who have joined the Margaret Park community, and welcome back to all the returning families! We look forward to working with you to support the learning and healthy growth of all our children.

Thank you for being our partners in this most important work.

# MARGARET PARKS'S WELCOME BACK BBQ





There is no cost for food or activities at this event, but please RSVP so we know how many people to expect. A note will be sent home with your child.

We look forward to seeing your family there!

# Staff Additions & Assignment Changes:

Jolene McFadyen-Nein: AM/PM Kindergarten

Karen Penner: Grade 4/5

Pam Pompana: Grade 4/5

Federico Vidad: Grade 4/5

Stephanie Luna: Learning Support

Alyssa Talbot: Learning Support

Barb Bottle: Art (half time)

## **PAC @ Margaret Park**

Are you interested in adding your voice to discussions about school planning and community events? Would you like to connect with staff in a new way?

Consider joining our parent council!

We are looking for a parent/guardian representative from each classroom.

Please call or email:

ross.meacham@7oaks.org or jillian.green@7oaks.org if you are interested in learning more.

#### THE BALANCED SCHOOL DAY

Margaret Park is on a Balanced School Day Schedule. This means that the school day is divided into three 90-120 minute blocks of instructional time. Two longer nutrition and activity breaks are provided in the morning and afternoon instead of the traditional mid-morning/mid-afternoon recess and noon hour lunch. This schedule creates equally balanced teaching/learning blocks in the school day. The two breaks allow for eating and activity in both the morning and afternoon. Since Kindergarten is a half-day program, they are not included in this schedule.

Before break	Hearty, nutritious snack
11:00-11:30	Activity break
1:00-1:25	Lunch
1:25-2:00	Activity break



We will have fun activities and involve our students to have a better understanding of healthy food choices by informing them about the type of food that they eat. Early on in this school year, we are asking for your help. Please try to send fruit and vegetables as a snack to school. The less packaging, the better! Throughout the year, we will let you know how we are doing and give ideas about healthy snacks to pack. Thanks in advance for your help.

### **SAFETY REMINDERS**

The safety of your children is of prime importance to us. In order to do this, we kindly ask that you respect the following safety reminders.

# MARGARET PARK CALL BACK SYSTEM

At Margaret Park we have an attendance call back system. If your child is going to be away from school due to medical appointments, illness or any other reason, we ask that you call the school office and speak to one of the secretaries any time after 8:30 am and by 1:00 pm for afternoon Kindergarten.

#### 204-338-9384

If we do not hear from you and your child is not in attendance, we will give you a call to make sure he/she is safe.

### **Morning Supervision**

Supervision on the playground begins at 8:30 a.m. The school does not provide supervision before 8:30 AM. Adults (identifiable by safety vests) are on duty on the playground before school and during activity breaks.

## **Drop Off**

A big THANK YOU to all parents/guardians for respecting the 'NO PARKING ZONES'

There is NO stopping or parking in the bus loop between 8:15 AM-4:00PM.

Please do not use the parking lot to "drop and go". Cars backing out creates a safety concern for adults and students. Parking is available on Salter and the west part of Cork Ave.



#### HEALTH CHALLENGES FACED BY MANITOBA YOUTH

- Traffic congestion is directly linked to poor air quality and increased greenhouse gases around schools.
- In Manitoba, 45% of the population is inactive.
- Only 9% of Canadian children aged 5-17 get the 60 minutes of heart-pumping activity they need each day.

#### THE BENEFITS OF ACTIVE SCHOOL TRAVEL

- ✓ Increases physical activity throughout the entire day.
- Reduces traffic congestion, air pollution, and greenhouse gas emissions.
- ✓ Increases exposure to sunlight, which helps regulate sleep patterns.
- ✓ Results in fewer injuries when paired with appropriate infrastructure.
- ✓ Increases readiness to learn and can lead to higher grades in school.
- Enhances neighbourhood safety, social connectivity, and sense of community.

Source: Making Children Count: A Call to Action to Increase Active School Travel in Manitoba www.greenactioncentre.ca/MakingChildrenCount

# **Terry Fox School Run**

The annual Terry Fox School Run for Margaret Park School is coming up on September 26th. This year our school has a goal of raising even more for cancer research than we did last year! The Terry Fox Foundation has a great reputation, with \$.82 cents of every dollar raised going directly to cancer research. You can simply give your child cash/change on or before Run day or donate online by visiting our school fundraising page: http://www.terryfox.ca/Margaret Park

working together
to outrun cancer

Any parent/guardian or other family member is welcome to come walk with us from 2:00 pm—3:20 pm on the 26th. For more information please contact the school.



# **Margaret Park School**

385 Cork Avenue

# **Parent/Child Programs**

We'd like to welcome families in our school community to join us for our **FREE** Parent/Child Programs held in our **Margaret Park Family Centre (Room 10)**. During each of our programs, parents/caregivers participate in fun activities along with their children. With a focus on literacy, nutrition, parenting and building community, our programs encourage you to connect with each other. This is also a great opportunity to meet other families in your community.

### **Story Time**

A parent/child program for children ages 5 and under that includes stories, songs, rhymes and art activities. You and your child will have fun together sharing and meeting others. A snack is also provided.

#### (Please see program calendar for more details)

# **Evening Gym Program**

A time for parents and their children, ages 5 and under, to have fun participating in physical activities together in our gym.

(Please see program calendar for more details)

# Registration is required as space is limited.

For more information or to register for our Parent/Child Programs, please contact Debbie Talling (Community Coordinator) via email at <a href="mailto:debbie.talling@7oaks.org">debbie.talling@7oaks.org</a> or call (204) 338-9384.



# MARGARET PARK SCHOOL

# SEVEN OAKS SCHOOL DIVISION

IMPORTANT DATES: 2019-2020 (Subject to Change)

SEPTEMBER 2019
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September 2 Labour Day - NO SCHOOL

September 3&4 Orientation Days

September 5 First Day of Classes

September 26 Welcome Back Barbecue

September 27 School PD—No School

September 29 Rosh Hashanah

#### **OCTOBER 2019**

October 2 Cross Country

October 8 Cross Country rain date

October 11 Divisional Inservice-NO SCHOOL

October 14 Thanksgiving Day - NO SCHOOL

October 18 Picture Day

October 25 MTS PD Day – NO SCHOOL

#### **NOVEMBER 2019**

November 11 Remembrance Day - No School

November 26 Report Cards Open

November 28 Family Conferences – evening

November 29 Family Conferences—No School

#### **DECEMBER 2019**

December 5 Winter Concert

December 21 Winter Solstice

December 20 Last Day before Winter Break

December 23—Jan 3 WINTER BREAK

December 25 Christmas Day

December 26 Boxing Day

#### **JANUARY 2020**

January 1 New Year's Day

January 6 School Re-Opens

January 31 PD - NO SCHOOL

#### **FEBRUARY 2020**

February 17 Louis Riel Day – NO SCHOOL

#### **MARCH 2020**

March 10 Report Cards Open

March 12 Family Conferences—Evening

March 13 Family Conferences—No School

March 27 Last Day before Spring Break

March 30 - April 3 SPRING BREAK - NO SCHOOL

#### **APRIL 2020**

April 6 School Re-Opens

April 10 GOOD FRIDAY

April 17 PD Day - NO SCHOOL

#### **MAY 2020**

May 15 School PD - NO SCHOOL

May 18 Victoria Day - NO SCHOOL

May 20 Cross Country

May 22 Cross Country - Rain date

#### **JUNE 2020**

June 4 Grad Pow Wow

June 5 School PD - NO SCHOOL

June 18 Concert

June 21 National Indigenous Day

**Summer Solstice** 

June 22 School PD - NO SCHOOL

June 25 Summer Feast and Giveaway

June 29 Grade 5 Farewell

June 30 Last Day of School